



Product Name	Indication	Solubility
Camellia sinensis (Teh hijau)	Antioxidant; Appetite suppressant; Burn calorie; Improve fat metabolism	Pws, Lq
Foeniculum vulgare (Adas)	Expectorant; Analgetic; Cough; Constipation; Hemorrhoid	Pdr, Lq
Garcinia mangostana (Manggis)	Antioxidant; Antibacterial; immune system; Healthy respiratory	Pdr, Pws, Lq
Hibiscus sabdariffa (Rosella)	Antioxidant; Anticholesterol; Diuretic; Tonic; Expectorant; Stomach disorder; Antiscorbutic; Refrige	Pws, Lq
Mentha arvensis (Mint)	Antitusive; Expectorant	Pws, Lq
Myristica fragrans (Pala)	Insomnia; Carminative; Digestion problem; Migraine; Diarrhea; Antiemetic	Pdr, Pws, Lq
Tamarindus indica (Asam jawa)	Appetite stimulant; Antipiretic; Antiemetic; Laxative	Pws, Lq
Zingiber officinale (Jahe emprit)	Expectorant; Cough; Antiinflammatory; Carminative; Antiemetic	Pdr, Pws, Lq
Zingiber officinale var. Rubra (Jahe merah)	Antitussive; Stimulant; Antiemetic; Rheumatism	Pdr, Pws, Lq